

# Letter to Women

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While in prayer I felt inspired by the Holy Spirit to write this letter during a time of healing in my life. I realized this letter was not just for me but for all women.

God Bless,  
Crystalina Evert

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Why do you always seek man's approval? You're always wondering: "Do I look pretty enough? Do I sound smart enough?" With a shadow of insecurity hovering above you, you're always trying to keep others interested. Meanwhile, you give yourself away while ignoring your gut. Don't be controlled by the amount of attention and approval you receive, and stop being ashamed of yourself. Your worth can't come from who you're with, what you wear, or what others think of you.



Are you scared to admit your own self-worth? Do you keep your true beauty, gifts, and talents so locked away and hidden from the world that you can't truly see how amazing you are? Are you afraid of shining so bright that the light will scare others away? Do not shy from who you are because you fear abandonment or the negative opinions of others. You take scraps from the world but I have given you everything you need, deep within you. Everyone's light is different and some brighter than others. But do not be scared of your own light, for it was put in you so that others who are blinded by their own darkness could see your light.

Why are you scared and sad? Why do you belittle yourself and dim your own light? Your light was made to shine—that is its purpose. Your self-worth is within you and has been given to you for a purpose. Your beauty—God's beauty—was given for a great reason as well. The darkness has tried to extinguish this beauty within, but it cannot. It will not be put out.

At times, you allow your insecurities to overpower you, and your thoughts run wild. But with Jesus' love you can control any vice, wickedness, or evil weapon that comes against you. It's time to rise up, unafraid of who you are. Embrace it. Do not lower yourself or hide, because the power of my

love and grace will always be there to catch you and show you the way. I will catch you, but will you let me?

Deep down you know who you are and what you are supposed to do. Stop lowering yourself to the world and start rising to heaven. Even though it might seem so far away, it truly is all around you. Heaven is watching, praying, and cheering you on. You have a whole army of angels and saints wanting you to succeed in your battle. But the biggest battle of all will be with yourself. Know who you are and what you are not. You are a beloved daughter of Jesus, He who is God.